**2019 THSWPA Region 2, Division 2 Powerlifting Meet**

**Friday & Saturday March 1-2, 2019**

**LOCATION:** Del Valle High School

 5201 Ross Rd.

 Del Valle, TX

**Friday March 2**

**Leave:** 2:00 pm from Fieldhouse.

**Weigh-in:** 5:00-7:00 pm

**Food:** The school will provide you with a meal on the way home. Bring food and/or money if you want more.

**Home:** We will return to the field house around 10:00 pm.

**Saturday March 3**

Leave: 5:30 am from the field house, subject to change.

Weigh-In: 6:30-8:00 am

Lifting starts: 9:00 am

Food: The school will provide you with lunch and possibly breakfast. Bring food and/or money if you want more.

Home: We will return to the field house around 8:00 pm.

**Spectators:** Admission is $5.

 Regional Championship t-shirts sold at meet for $20.

**LIFTERS:**

|  |  |  |
| --- | --- | --- |
| Kylee Rutledge | Valentina Morua | Mia Martell alt. |
| Alyssa Ayers | Hailey Reiss | Aubrey Ritter mgr. |
| Libbi Showman | Carlie Groves | Natalie Denoso mgr. |
| Victoria Martinez | Lila Walling |  |
| Monica Garza | Cally Reding |  |

Flights:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Platform 5 | Platform 6 | Platform 7 | Platform 8 |
| Flight 1 | Kylee |  | Alyssa | Libbi |
| Flight 2 | Victoria | Monica |  | Valentina |
| Flight 3 | Hailey | Carlie | LilaCally |  |