**2018 THSWPA Powerlifting State Championships**

**Friday & Saturday March 16-17, 2018**

**LOCATION:** Extracto Events Center

 4601 Bosque Blvd.

 Waco, TX 76710

**Friday March 2**

**Leave:** 2:30 pm from Fieldhouse.

**Weigh-in:** 5:00-7:00 pm

**Food:** The school will provide you with a meal on the way home. Bring food and/or money if you want more.

**Home:** We will return to the field house around 10:00 pm.

**Saturday March 3**

Leave: 5:00 am from the field house

Weigh-In: 5:30-7:00 am

Lifting starts: 8:00 am

Food: The school will provide you with lunch. Bring food and/or money if you want more.

Home: We will return to the field house around 7:00 pm subject to change depending on results.

**Spectators:**

**LIFTERS:**

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| Alyssa Ayers | Victoria Martinez |
| Natalie Denoso | Monica Garza mgr. |
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